



# THE BASE PERFORMING ARTS

*Building exceptional dancers from the ground up*

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## DANCE CLUB 2020

The Base Performing Arts 'Dance Club' is for dancers aged 6-17 years and above who are looking for a recreational dance training experience. This is the perfect training ground for beginner to intermediate dancers looking to dance in a positive, fun and supportive environment while still fostering a strong sense of discipline. Students will be provided high quality training without the additional commitments required in our intensive dance streams. We aim to make all of our Dance Club classes full of energy and fun.

Students are given the opportunity to participate in our end of year production to showcase the hard work they've put in throughout the year to their family and friends.

We offer our Dance Club students the following classes:

### JAZZ

Jazz is an energetic and fun class where students learn technical elements such as turns, kicks and leaps as well as combination work all set to modern music. Students will learn the correct way to warm up their bodies, stretch safely and strengthen the bodies all in preparation for some seriously smooth moves. Flexibility, strength and coordination are some of the benefits of training in jazz.

### BALLET

Ballet is the most important class of a dancers week. It is a challenging display of poise and grace and requires discipline, strength, balance and agility. Students that train in ballet are taught the correct ways to execute classical ballet steps and are encouraged to have self discipline of the body and mind. Not only is classical important in its own right, it prepares dancers for the challenges of jazz and other classically based styles such as contemporary and lyrical.

## TAP

Tap is the most rhythmic of the dance forms and is an excellent way to increase & develop a sense of rhythm, timing and expression.

## MUSICAL THEATRE

This class focuses on expert tuition in training the 'triple threat' ... voice, acting and dance. The musical theatre class will explore acting exercises, movement for musical theatre and singing. Students will learn songs and dances from popular Broadway shows of yesterday and today.

## BOYS ONLY HIP HOP

A class geared specifically to capture the energy and enthusiasm that is boundless in boys. Imagery is a core component to engaging them in exploring movement to music – Male instructors.

## FUNK/HIP HOP

Funk dancing is the perfect fusion of styles, incorporating jazz roots into a melting pot of hip hop, break, popping and locking, along with other fashionable dance genre.

## ACROBATICS

Acrobatic classes offer a fun and inspiring way to move. Students start with fundamentals and work their way up to more advanced skills. Students will develop excellent gross motor skills and core strength along with impressive flexibility. All activities are done in a safe and progressive manner with an emphasis on strength and body posturing to ensure each individual is capable of the skills they're being taught.

## AGE ALLOCATIONS

We have four separate age groups for our Dance Club students. We do require a minimum number of students per class for a class to go ahead. If we do not have the numbers, we may combine age groups. Age is taken from the 1st January 2020.

### MINI - 5-6 Years

This is our first glimpse into the big kid world of dancing. In Our Mini classes, our focus is placed on learning the fundamentals of various styles and skills while also working to

develop coordination, musicality, self-expression and social interaction within a structured and disciplined environment. Classes are creative, fun and imaginative.

#### JUNIOR - 7-9 Years

In our Junior classes, our focus is placed on developing & strengthening the fundamentals of various styles and skills while also working to encourage a strong sense of coordination, musicality, self-expression and social interaction within a structured and disciplined environment. Students will start to experiment with individual style and choreography.

#### INTERMEDIATE - 10-12 years

In our Intermediate classes, our focus is placed on developing & strengthening the fundamentals of various styles and skills while also working to encourage a strong sense of coordination, musicality, self-expression and social interaction within a structured and disciplined environment. Students will start to experiment with individual style and choreography.

#### SENIOR - 13+ years

In our Senior classes, our focus is placed on transforming our dancers into well rounded performers. We continue to work the fundamentals of various styles and skills to established and encourage a strong sense of coordination, musicality, self-expression and artistic ability. Students will be strongly encouraged to experiment with individual style and choreography. A passion for dance is a must at this age and we work to foster that love for years to come.

### FINANCIAL COMMITMENTS

Please refer to our fee schedule and payment T&C's for more information